

# The healthy people checklist

**The new shape of work requires a new shape of healthcare. How do you support a remote-first workforce and build a pro-health culture?**

Employers have the potential to use digital health care solutions to create an energised workforce.

See over for our Healthy People Checklist to fill the gaps with programs that truly matter to you and your employees.



# Checklist

01

## Due diligence

where do we stand in the health tech continuum?

- ✓ Identify your employee wellbeing objectives and align them with business imperatives.
- ✓ Understand the full suite of digital solutions that support a pro-health culture.
- ✓ What does 'enough' look like?

02

## Considerations

what technology investments can help shape an optimal employee experience?

- ✓ Prioritize new innovations in the core wellness pillars and enhance employee experience in your organization.
- ✓ Areas to 'tech-it' for optimal results.
- ✓ What does success look like to your organization and your people? Matrices to measure your return on investment.

03

## Provider RFP and selection

who are the best players in the market and how do we select them?

- ✓ Identify providers with values that align with your corporate objectives.
- ✓ Brief for customized solutions that address and enhance your employees' physical, emotional, financial and social wellbeing.
- ✓ Appoint a consultant to recommend a line-up of wellness movers and shakers using a balanced selection scorecard.

04

## Branding & communications

how do we brand our employee-first programs to demonstrate a pro-health culture?

- ✓ Effective branding for your programs is a step closer to all-colleagues adoption.
- ✓ The right time and place for the most employee-centric programs makes all the difference.

05

## Integrated technology

how do we deliver a seamless on-demand employee experience?

- ✓ Define the best approach to integrate multiple solutions into a single, branded experience.

**healthy people = healthy business**

## Contact us

**Samuel Tan**  
Consulting Leader  
Mercer Marsh Benefits  
[samuel.tan@mercermarshbenefits.com](mailto:samuel.tan@mercermarshbenefits.com)

**Krystal Tang**  
Consultant, Wellness & Partnerships  
Mercer Marsh Benefits  
[krystal.tang@mercermarshbenefits.com](mailto:krystal.tang@mercermarshbenefits.com)

**Shireen Kwan**  
Growth Leader  
Mercer Singapore  
[shireen.kwan@mercer.com](mailto:shireen.kwan@mercer.com)